

A woman with long brown hair, wearing a white off-the-shoulder top and white pants, is sitting in a white wooden swing chair. She is holding a baby wrapped in a blue blanket. The swing chair is suspended by thick rope. The background is a bright, airy room with white walls and a window with a view of a blue sky and greenery. The overall mood is soft and intimate.

Milk & Honey

M O T H E R H O O D M I N I S

PREP + STYLE GUIDE



Before Your Session

Please plan to Arrive 10-20 minutes early.
(No more than 10 if you're the first time slot!)

If you can, park in the driveway - all the way up to the carport. Overflow parking should stay on one side of the road across the street from the house, mostly on the grass.

Let your little one look around and get acclimated. You can hang out in the yard to the left of the house until your session time.

Sessions will be in the Glassholm Studio which is to the back right of the house.

Right before your session time, change and dress your baby.

Do your best to time naps and/or feedings so that your baby is hungry and ready to eat and/or snuggle.



During Your Session

The session is about your connection with your baby,
don't worry about looking at the camera.

Don't stress meltdowns.
Just breathe and comfort your child.

If they have busy limbs, embrace it.
Gently hold, snuggle, or kiss the rogue limb.

If they won't stay latched, snuggle them close
(to cover yourself), make eye contact
and offer them warm smiles.

Relax.
Enjoy this time to snuggle and connect with your baby.

I'll take care of the rest.

What to Wear

FOR MAMA...

For this space, I'd recommend warm or neutral tones. My style guide below gives you some ideas for a softer vibe and a fall vibe.

I love embracing maternal femininity with dresses, but you could also do overalls or jeans with a cotton button down or cozy sweater for a more relaxed look.

If you're planning to nurse, choose clothing that you can pull down rather than lift up so we aren't covering your little one's face in the photos.

Don't forget, you have complimentary access to my Client Closet!

You can virtually peruse it [here](#)!



FOR BABY...

Look for something that fits well and covers the diaper. You don't want to spend your session fixing clothing more than you have to - you want to spend it connecting with your little one.

I love the look of rompers, chunky sweaters, dresses, and overalls.



The Client Closet

HOW DOES IT WORK?

I'll plan to bring a selection of dresses to the mini sessions. You can peruse them before your session. I'll also have a pop up changing tent on site for you or you can change in your car. You are not required to use my client closet.

WHAT UNDERWEAR IS BEST?

Nude underwear is always the best option. If you can swing going braless, that's ideal. If not, look for something neutral that won't get in the way - ideally strapless.

CAN I RESERVE A DRESS?

Absolutely. In fact, I recommend it. Just email me at kelseywood729@gmail.com or message me on Instagram ahead of time to reserve it!

[VIEW THE CLIENT CLOSET](#)

Outfit Inspiration with Soft Vibes

Click anything for the link!



Outfit Inspiration with Cozy Fall Vibes

Click anything for the link!





Where to Shop...

FOR MAMA

My Client Closet

Amazon

Baltic Born

Worth Collective

FOR BABY

Carters

Amazon

Reverie Threads

Old Navy.

THRIFTING

Once Upon a Child

Thread Up



Questions?

DO I HAVE TO BREASTFEED?

You do not have to breastfeed. You're welcome to nurse, bring a bottle, or simply snuggle your baby!

CAN I BRING MY OLDER CHILDREN TOO?

These sessions are designed to highlight the connection between you and your littlest one. 15 minutes goes by fast. For that reason, I don't generally recommend including older children — but you know your family best. If you're confident everyone can snuggle up and cooperate in that short window, you're welcome to include them!

STILL HAVE QUESTIONS?

Email me at kelseywood729@gmail.com or DM me on Instagram @woodshutterphotos!